

Easy listening

These are some examples of gentle music to help you relax, to pray, to sleep or to appreciate nature, even if you cannot be outside.

- 1. The Deer's Cry: I arise today**
<https://www.youtube.com/watch?v=xеVEGOPjJXQ>
- 2. Alone With GOD - 3 Hour Peaceful Music | Relaxation Music | Christian Meditation Music |Prayer Music**
<https://www.youtube.com/watch?v=fOB73qRVGJs>
- 3. Beautiful Relaxing Hymns & Worship, Peaceful Instrumental Music, Deep Sleep Music by DappyT Keys**
<https://www.youtube.com/watch?v=yWNk-xlCL5w>
- 4. Beautiful Relaxing Music, Peaceful Instrumental Music, with Guitar "Serene Forest" by Tim Janis**
<https://www.youtube.com/watch?v=xEnjq818IO4>
- 5. Beautiful Relaxing Music, Peaceful Soothing Instrumental Music, "Nature Reflections" By Tim Janis**
<https://youtu.be/vv1YD596gKM>
- 6. Relaxing Piano Music • Sleep Music, Water Sounds, Relaxing Music, Meditation Music.** Composed by Peder B. Helland. Stream or download music from Soothing Relaxation: <https://soothingrelaxation.lnk.to/lis...>
Message from the composer and creator of Soothing Relaxation: "I am a composer from Norway and I started this channel with a simple vision: to create a place that you can visit whenever you want to sit down and relax. I compose music that can be labelled as for example: sleep music, calm music, yoga music, study music, peaceful music, beautiful music and relaxing music."
<https://www.youtube.com/watch?v=77Zozl0rw7w>
- 7. Relaxing Music for Stress Relief. Dolphin singing. Soothing Music for Meditation, Therapy, Sleep**
<https://www.youtube.com/watch?v=tADnCEpbPI8>